

Bridges Associates, Inc. helps children and adults take charge of their lives.



For twenty years, Bridges Associates, Inc. has helped children and adults, with diverse learning styles and abilities to succeed in school, at work and in their personal lives. Bridges has a proud history of providing unique and critical professional services including learning evaluations, family consultation, coaching and training programs. These efforts have helped frustrated students to learn to read, discouraged learners to graduate from high school or college, socially unsuccessful people to develop healthy relationships, and stressed families to find solutions to their tension.

Among its accomplishments, Bridges Associates, Inc. has created Take Charge!® Coaching, a unique method. One adaptation of this program has helped adults who were formerly on government assistance to develop confidence and communication skills to become employed and another has enabled adults with significant cognitive limitations to pursue goals such as learning to ride horses, living apart from parents, and leaving abusive relationships. In the process Bridges has included individuals from their programs in the development and production of the various Take Charge!® adaptations.

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But this is only the beginning. Bridges Associates, Inc. is ready to do more! Bridges will:

- Offer accessible Take Charge!® coaching and coach training programs
- Evaluate and replicate the coaching method in community settings
- Provide work experience internships for youth and adults
- Develop, produce, publish and disseminate curriculum materials and tools
- Expand website to include interactive educational and training features

This is what others say:

- *Bridges makes us feel like we can accomplish something in our lives.* (From a member of the Bridging Out Program)
- *I feel this program has helped all of us focus on our talents and not on what we perceive as shortcomings.* (From a student in a career training course)
- *Having been an educator for more than thirty years, I have found Take Charge®! to be the best model for empowering individuals to set goals, take charge of their lives, build an action plan for success and develop a sense of intrinsic motivation.* (From a participant in a coach training course)

With your support we will accomplish these goals and make a positive and profound difference in the lives of many more children, adults and families.

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